

# **Post-Operative Instructions**

## **Following Fillings**

### **I. Care**

1. Do not eat or chew any food until the numbness from the anesthesia has completely worn off. It is OK to drink liquids during this time.
2. Brush and floss the area as you normally would after the fillings have been placed.
3. For children, make sure they do not bite, pull, or rub their lip, tongue, or cheek until the numbness wears off.
4. For mild discomfort, use Tylenol, Advil/Motrin, or Aleve.
5. Please call our office (815) 786-9811 with any questions/concerns that are not covered on this sheet.

### **II. The Following May Occur**

1. The tooth or teeth that were filled may be sensitive to temperature (hot/cold) for a few days or weeks after the numbness wears off.
2. Stiffness of the jaw muscles (from having your mouth open for a long period of time) may cause difficulty in opening the mouth.
3. The teeth and gums may be sore and ache temporarily.
4. If the tooth or teeth that were filled feel "high" when you bite together or if the bite feels different when you close your teeth together or chew, call our office and return for an adjustment as soon as possible.

### **III. Warranty**

1. Any filling that was placed by our office and requires replacement (due to fracture or failure of the filling material) within 2 years will be done at no charge to you.
2. This warranty will be VOID if regular cleaning appointments are not kept up to date (twice a year or every 6 months).