

Post-Operative Instructions

Root Canals

I. Care

1. Do not eat or chew any food until the numbness from the anesthesia has completely worn off. It is OK to drink liquids during this time.
2. Brush and floss the area as you normally would.
3. For pain relief you may take up to 800 mg Ibuprofen (4 over the counter tablets) every 8 hours. For additional pain relief, take 1-2 Excedrin four hours after any Ibuprofen dose. (Ibuprofen = Advil or Motrin)
4. Please call our office (815) 786-9811 with any questions/concerns that are not covered on this sheet.

II. The Following May Occur

1. The tooth or teeth received root canal therapy, and the surrounding area may be sore and even painful. This is normal for up to two weeks (14 days) after the root canal.
2. Stiffness of the jaw muscles may cause difficulty in opening the mouth.
3. If the filling or temporary crown or bridge placed after the root canal is finished feels "high" when you bite together, or if the bite feels different when you close your teeth together or chew, call our office and return for an adjustment as soon as possible.

III. Warranty

1. If the root canal fails within 1-2 years - we will credit the amount of the cost of treatment (root canal + filling + crown) towards new treatment.
2. This warranty will be VOID if regular cleaning appointments are not kept up to date (twice a year or every 6 months).